



Prince's Trust  
International

# Building Better Futures for Young People in Pakistan



In Partnership with



**CHANAN**  
Development Association (CDA)



The Prince's Trust is the UK's leading youth charity, founded by His Majesty King Charles III, the former Prince of Wales, in 1976. Building on this work, Prince's Trust International has been supporting young people around the world since 2015. Now operating in 18 countries and having supported +70,000 young people, Prince's Trust International delivers education,



employment and enterprise programmes; empowering young people to learn, earn and thrive.

The organisation's global work is centered on the belief that local organisations which are embedded in the communities they serve, are best placed to understand and respond to local needs. Young people in Pakistan are facing concurrent challenges of high youth unemployment and a mismatch of skills for the upcoming labour market. The World Bank estimates that the youth unemployment rate has increased 5-fold over the last 10 years – a trend which has only been exacerbated by the health emergency faced by Pakistan. With Indus Hospital & Health Network and Chanan Development Association, Prince's Trust International is committed to creating opportunities for youth to develop their skills and experience to generate sustainable income and actively contribute to the regeneration of the economy.

## Chanan Development Association (CDA)

Since 2006, CDA has been working as a national youth-led organisation in Pakistan; working in pursuit of meaningful participation & empowerment of youth. CDA's mission is to "empower young people, particularly young girls, ensuring their meaningful participation in each and every level of program and policy development and decision making without discrimination on any basis for the creation of a healthy, just, inclusive, democratic and peaceful society."



## Indus Hospital & Health Network (IHHN)

In 2007, the Indus Hospital was created in the urban slum of Korangi, Karachi, as a paperless, 150-bed hospital providing high quality free of cost to all. Now, the Indus Hospital has evolved into the nationwide Indus Hospital & Health Network (IHHN) with 10 multidisciplinary hospitals, 3 Physical Rehabilitation Centers, 4 Regional Blood Centers, public health initiatives, and 38 primary care sites. Every month, more than 500,000 patients directly benefit from our high quality, free-of-cost treatment. Also dedicated to producing quality healthcare human capital in Pakistan, IHHN also provides quality medical and allied health education through 7 schools at the Indus University of Health Sciences.



# Get Into Healthcare

Get Into, Prince's Trust's flagship programme, is a concentrated skills-building programme supporting young people who are not in education, training or employment to take the next step in their lives. Combining practical work experience and mentoring with facilitated learning, the programme is specifically designed with employers to help young people grow in confidence, develop their skills and Experience and raise their aspirations, whilst offering the opportunity to gain employment.

In partnership with IHHN and CDA, the Get Into Healthcare supports young people to start their careers in nursing and healthcare assistance.

*"Nobody gives us a chance... You say just give me a shot, let me try for one week and I'll prove I can do it, and they say no. Programmes like this can help change that." - Katerina, Get Into Graduate*



- 81% young people were in positive outcomes after 3 months of completing the programme
- 82% young people reported an increase in their communication skills and 90% reported an increase in skills required to prosper in the healthcare sector



For cycle two (April 2023 – October 2023)

## Mutahira, Karachi



Mutahira (19), is currently employed as an Operation Theatre Technician at the Indus Hospital, Karachi, Pakistan; with her income making a significant difference to her family by helping ease their increasing financial pressures.

Thriving in her role, Mutahira stands out to her supervisors with both her diligence as well as compassionate engagement with patients. As a student, Mutahira participated in the Get Into Healthcare programme which she credits as a game changer in her experience being employed. Finding the working environment challenging and overwhelming at first, Mutahira comments that her experience with the Get Into Healthcare programme helped her dramatically build her communication skills and confidence around engaging with patients as well as other team members, whilst coping with a demanding workplace, remarking "I feel that my confidence has remarkably increased".



Since 2022, the programme has reached 134 young people



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INDUS HOSPITAL  
&  
HEALTH NETWORK