

FAMILY MEDICINE PRACTICE TRAINING

A GATEWAY TO FAMILY MEDICINE



INDUS HOSPITAL
— & —
HEALTH NETWORK

2022-2023

Introduction

A robust, integrated Primary Healthcare (PHC) is essential to achieve Universal Health Coverage (UHC) goals and improve health indicators, as indicated by the World Health Organization (WHO). The delivery of these services requires adequate and competent health care workers with optimal skills mix at facility, outreach and community level. Trained family physicians are the core group on which foundation of this system lays. The aim is to have 3 trained Family Physicians /10,000 population which means that there is a need to train more than 60,000 general practitioners in Pakistan.

Indus Hospital and Health Network (IHHN) is an advocate of community and primary health care. Capacity building in family medicine therefore is a mandate in order to improve the quality of primary care, especially in far flung areas where it is difficult to find Family Physicians. This program would eventually evolve to a Master's program offered by the IHHN University.

Vision

Capacity building in primary care through training of healthcare providers, aiming to improve quality of patient care, clinical indicators and provision of integrated health care services to the community.

Objectives

After 1 year of training, the participant should be able to impart preventive, diagnostic, curative and rehabilitative health services to patients presenting to primary care in Pakistan, according to Family Medicine approach.

At the end of the course, general practitioners will be able to:

- ✓ Know the universal health coverage goals and role of family physician in primary care to achieve it.
- ✓ Take history, examine and manage all age groups and genders seeking consultation in primary care according to family medicine approach.
- ✓ Apply principles of medical ethics to general practice.
- ✓ Provide evidence based best practice to diagnose, manage and refer common non-communicable diseases presenting to primary care.
- ✓ Provide evidence based best practice to diagnose, manage and refer common communicable diseases presenting to primary care.
- ✓ Stabilize and/or manage/refer conditions requiring urgent care presenting to primary care.
- ✓ Manage and timely refer neonates/children presenting to primary care.
- ✓ Manage and timely refer males and females presenting with reproductive health issues in primary care.
- ✓ Manage and refer patients presenting with dermatological issues in primary care.
- ✓ Identify, manage and refer patients presenting with neuropsychiatric issues in primary care.
- ✓ Know and apply the principles of tele-health consultation to patients consulting through tele-health.
- ✓ Prevent complications and manage common diseases among geriatric patients in primary care.
- ✓ Moderate rehabilitative care, and end of life and palliative care among terminally ill patients.

Curriculum

This is a blended learning program with 150 hours of teaching (84 hours of online sessions and 66 hours of clinical attachment).

The formative assessment will be through mini-CeX and DoPs during clinical attachment. The summative assessment will be through MCQs and OSCE at the end of training.

A 60% score in MCQ and OSCE with submission of complete log book of mini-CeX and DoPs is mandatory to get the certificate.

Online sessions

84 hours

Online only

Can be watched live or after recording is uploaded

Clinical attachments

66 hours

In-person

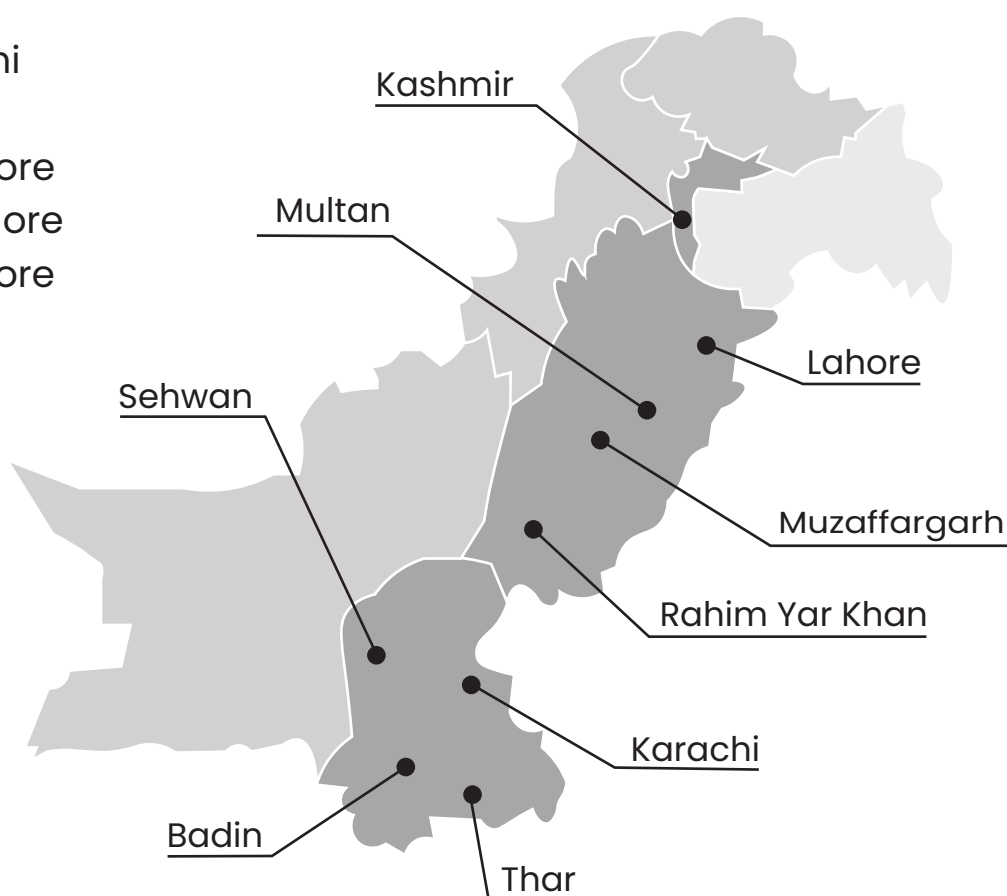
Flexible schedule as per candidate's preference

Weekends and evenings may be available depending on preferred site

Clinical attachment

Clinical attachment with family medicine Specialist/consultant at the following IHHN sites:

- Korangi campus, Karachi
- PIB campus, Karachi
- Zaibunissa site, Karachi
- MSSH Lahore
- Manawa campus, Lahore
- Sabzazar campus, Lahore
- Raiwand campus, Lahore
- Kahna nau, Lahore
- RTEH, Muzaffargarh
- Bhong, Rajanpur
- Badin City Campus
- Baba Island
- Thar
- Sehwan
- Kashmir
- Multan



Eligibility

MBBS certificate or final prof. exam Marks sheet

Induction cycle

March 2022

Last Date of Application – February 28, 2022

Course starts April 2022 – March 2023

Duration

1 year

Curriculum Committee

Prof. Faridah Amin MSc Clinical Research, FRCGP (UK int),
FCPS, PhD Health Sciences

Dr. Hiba Ashraf MRCGP (UK int), FCPS

Dr. Nida Shamsi MRCGP (UK int), FCPS

Dr. Dur-e Nishat MRCGP (UK int), FCPS

Dr. Sharjeel Zafar MRCP (UK) MRCGP (UK)

Dr. Ayesha Shoaib MRCGP (UK)

Dr. Samra Shiraz MCPS

Teaching Faculty

IHHN Family Medicine specialists and consultants

Course fees

For external candidates: 100,000 PKR (installments available)

For internal candidates: 70,000 PKR (monthly installments available)

S #		PKR (external candidates)	PKR (internal candidates)
1	Admission Fee	10000	10000
2	Course and clinical rotation	80000	50000
3	Examination Fee	10000	10000
Grand Total (PKR)		100000	70000